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PICK AND MIX

Make a list of all the places you could go to find out what **skills, experiences or evidence** is relevant to the course, subject area or career you are interested in. There's a couple of examples to get you started.

1. UCAS course search

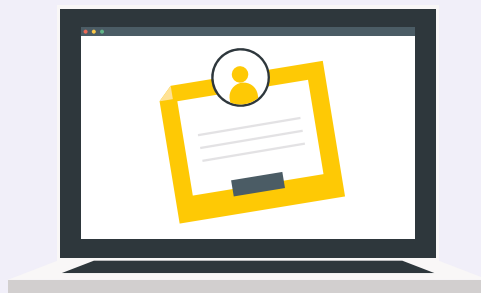
2. University or college website

Now choose **3 of these examples** and commit to researching these more in the next 4 weeks.

1.

2.

3.



REMEMBER TO PEEL

Now to put everything together! **Pick one of your achievements, experiences or skills** from activity 1, add some evidence about it (where, when, how, who, etc), add the 'so what' or the relevancy, and finish off by saying how it **could benefit you on the course**.

POINT

EVIDENCE

EXPLAIN

LINK

