



WHAT DRIVES YOU TO BE WHO YOU ARE?

FINDING A PURPOSE IN LIFE

AIM

To help students understand what motivates them in life.

OBJECTIVES

- > To draw a flower Venn diagram to help identify your drivers in life.
- > To understand how all aspects of life can influence your career choices.

KEY VOCABULARY

- > Drive
- > Motivation
- > Vocation
- > Profession
- > Balance

RESOURCES NEEDED

Access to the UCAS Hub on whiteboard for plenary.

TOOLS TO USE WITHIN THE UCAS HUB

- > Explore

INTRODUCTION (Discussion – five minutes)

Do you know what drives you?

Money? Desire to be the best? Helping others? Power and fame? Passion? Leisure time? Variety? Stability? Need to learn? Procreation?

There will undoubtedly be a combination of factors, but some drivers will be more important to you than others. There's no right or wrong, and everyone's will be unique.

Characters in the media show interesting insights. Share some examples from the list below:

- > Ariana Grande was inspired at the age of eight by singer Gloria Estefan, who complimented her on her performance.
- > Walt Disney said he was inspired by curiosity.
- > Emily Blunt was driven into acting by a desire to overcome her stutter and became a great success.
- > JK Rowling was inspired by hunger and a need to provide for her son.
- > Banksy was inspired by other artists, a French street artist in particular.
- > The late Steve Jobs, founder of Apple, was motivated by death. Everyday he said he looked in the mirror and thought if this was the last day of his life how would it be? It drove him to be the successful person he was.
- > Benjamin Zephaniah, poet, says he is inspired by freedom fighters and hungry people.

WHAT DRIVES YOU IN LIFE?

UCAS

Circle one: What you're good at

Be specific and don't think too hard. Use obvious skills such as working with numbers, as well as softer skills such as being a good listener.

Circle two: What you love

This one is simple – the things that make you happy. The things you love can help you determine experiences where you really thrive, such as being in a busy setting, collaborating, or being out in the countryside.

Circle three: What lifestyle you want

Think about the type of lifestyle and the work-life balance you want. Consider what matters to you most in life – family, work, socialising, personal interests, being active, money, structure, flexibility?

Circle four: What the world needs

Think about how you fit into the bigger picture, and whether 'making a difference' in a wider sense is important to you.

Circle five: What you can get paid for

Write as many ideas as you can...

You and your purpose

Add the intersecting words and reflect on how the contents of this flower diagram can help you make decisions.

Put your 'career consultant' hat on

In pairs, take it in turns to interview each other, asking a variety of questions. Based on their answers, write a report for your partner with recommendations about the type of job or industries you could see them in, and why.

Think back to the start of the lesson.

Has your opinion on what drives you in life now changed?

TEACHING FOCUS ACTIVITY (15 minutes – extend the time to explore if you have a longer session)

It's a flower Venn diagram, to help you blossom! Corny? Yes... but don't dismiss it straightaway – it's a great way to figure out what matters to you most.

Give each student a blank sheet of paper. Get them to draw and position the first circle accordingly – their first 'petal'. Then move on to the next circle and so on, focusing on the themes below, and making students aware that their ideas will 'grow' as they add to each petal.

Click through the instructions on the PowerPoint slides to demonstrate what students need to do. Don't give them too much time for each circle and to think about it – they can always go back and add to it afterwards.

Circle one: What you're good at

Be specific. Don't think too hard.

Use obvious skills such as working with numbers, as well as softer skills such as being a good listener.

Circle two: What you love

This one is simple – the things that make you happy.

The things that you love can help you determine experiences where you really thrive, such as being in a lively setting, collaborating, or being out in the countryside.

Circle three: What lifestyle you want

Think about the type of lifestyle and the work/life balance you want.

Consider what matters to you most in life – family, work, socialising, personal interests, being active, money, structure, flexibility?

Circle four: What the world needs

Think about how you fit into the bigger picture.

Is 'making a difference' in a wider sense important to you?

Circle five: What you can get paid for

Write as many ideas as you can...

If time allows, students should share, discuss, and compare Venn diagrams.

EXTENSION ACTIVITY

In pairs, get students to interview each other, taking on the role of 'career consultant'. Ask a variety of questions, such as what skills they have, or where they see themselves in ten years' time.

The 'career consultant' needs to write a report for their partner, with recommendations about the type of job or industry they could see their partner in, and why.

PLENARY (Five minutes)

- > Summarise the outcomes of making the flower Venn diagrams and their impact. Has their opinion of what drives them now changed?
- > Go to 'Explore' in the UCAS Hub, and pick a subject guide. Use this subject guide to emphasise the importance of being informed, to help identify what matters to them most, and picking a future which is right for them.

HOMEWORK

Talk to others about how they see you. What do they think are your drivers?

Speak to at least three different people, and get a minimum of two points from each on how they see you and what they think your drivers are.